



International Masters' Regatta

St. Francis Yacht Club

October 3-5, 2008

SAILING INSTRUCTIONS

1. RULES

1.1 The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS), and by the Sailing Instructions.

1.2 The regatta shall be sailed under J/105 Fleet One class rules, except as these are altered by Sailing Instruction 3 and 17.

1.3 RRS 40.1 will be changed as follows: All competitors are required to wear life-jackets or other adequate personal buoyancy while racing, the "Y" flag will not be displayed.

1.4 RRS 33 is changed as per Sailing Instruction 9.

1.5 RRS 35 is changed as per Sailing Instruction 14.2.

1.6 RRS 44.2 is changed as per Sailing Instruction 15.

1.7 RRS 66 is changed as per Sailing Instruction 16.3.

1.8 RRS Appendix A-A2 is changed as per Sailing Instruction 18.2.

1.9 RRS 28.1 is changed as per Sailing Instruction 20.3.

2. BOAT INSURANCE

All boats competing in the regatta shall participate in the Borrowed Boat Insurance Program as directed by the Organizing Authority.

3. ALTERATIONS TO CLASS RULES

3.1 The Class is J/105. Class Rules are altered to provide that membership in the Class is not required.

3.2 Crew shall be a minimum of four persons including the helmsman. The total crew weight shall not exceed 925 lbs. This is a "Borrowed Boat" event and the boats will be lent to the Club by the local J/105 fleet. An owner or owner's representative will be on each boat, and this person will not count in the total crew weight. The owner or representative will stay with his boat for the duration of the event. Visiting teams will rotate daily, so each team will sail three different boats during the regatta.

3.3 All crew substitutions must be approved by the Race Office prior to 0830 hours on the day they are to take effect. All substitute crews must be weighed to ensure they comply with SI 3.2 prior to 0900 hours on the day they are to take effect.

4. ELIGIBILITY

The regatta is invitational to skippers, men and women, who have reached their 60th birthday on or before December 31, 2008 or have competed in the Masters' Regatta in previous years. All must have completed the 2008 Masters' Regatta entry form prior to October 2nd, and have been approved by the Organizing Authority. The owner's representative shall have no age limit or weight restrictions and shall not serve as either helmsman or foredeck crew.

5. COMMUNICATION WITH COMPETITORS

5.1 Official Notices will be posted on the Official Regatta Notice Board located in the hallway adjacent to the side (Regatta) entrance of the St. Francis Yacht Club.

5.2 Any changes in the Sailing Instructions will be posted by 1000 hours on the day they are to take effect, except any changes in Sailing Instruction 6, Number & Schedule of Races, will be posted by 1900 hours on the day before it takes effect.

5.3 Signals made ashore will be displayed from the St. Francis Yacht Club Race Deck.

5.4 Questions regarding the Sailing Instructions may be submitted in writing to the Race Committee. Questions and written responses will be posted on the Official Regatta Notice Board.

5.5 The Race Committee may make VHF radio broadcasts on Channel 69. In emergencies, competitors may contact the Race Committee on this VHF channel.

6. NUMBER & SCHEDULE OF RACES

<u>Day</u>	<u>Date</u>	<u>Time</u>	<u>Schedule</u>
Thur.	Oct. 2	1000 – 1800 hours	Registration & Weigh In
Fri.	Oct. 3	0930 - 1000 hours	Late Weigh In
		1000 hours	Sailors' Meeting
		1030 hours	Tacticians' Meeting
		1300 hours	Race 1 - First Warning Signal
			Race 2 – Immediately following Race 1
Sat.	Oct. 4	1200 hours	Race 3 - First Warning Signal
			Race 4 – Immediately following Race 3
Sun.	Oct. 5	1200 hours	Race 5 - First Warning Signal

7. RACING AREA

The intended racing area will be the City Front.

8. THE COURSE

8.1 The courses and marks are described on Attachment A – Official Description of Marks and Courses.

8.2 A placard designating the course will be displayed from the Signal Boat prior to the Warning Signal.

9. CHANGES OF COURSE AFTER THE START

A change of course after the start will be signaled before the leading boat has begun the leg, although the new mark, identified by a black band, may not then be in position. Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration. When in a subsequent change of course a new mark is replaced, it will be replaced with an original mark. This changes RRS 33.

10. THE START

10.1 Races will be started as per RRS 26. Times shall be taken from the visual signal. The failure of a sound signal shall be disregarded.

<u>Signal</u>	<u>Visual Signal (Sound Signal)</u>	<u>Minutes to Start</u>
Warning	Class Flag (gun)	5
Preparatory	P or I, Z, Z and I, or Black Flag (gun)	4
	Preparatory flag Lowered (horn)	1
Start	Class Flag Lowered (gun)	0

10.2 The class flag will be a white flag with a black class insignia.

10.3 The Starting Line will be between staffs displaying orange and yellow striped flags on Starting Line Mark Boats.

10.3 A boat shall not start later than 5 minutes after her starting signal.

11. RECALLS

11.1 The Race Committee may hail the sail number(s) of the boat(s) identified on the course side of the starting line after the starting signal by loud hailer and/or VHF radio. The failure of a hail, the failure of a boat hearing the hail or the order of the hails shall not be grounds for redress.

11.2 A new Warning Signal will be displayed one minute after the lowering of Code Flag “First Substitute.”

12. SHORTENING COURSE

No course shall be shortened to less than three legs in length. For purposes of this instruction only, the distance between Mark 1 and the Offset Mark (Mark 1o) will not be considered to be a leg of the course.

13. THE FINISH

13.1 City Front “CF” - The finishing line will be between a staff displaying an orange and yellow striped flag on a Race Committee Boat and a round orange buoy set as a port end finishing mark located approximately 200 yards upwind of the Windward Mark.

13.2 Race Deck “RD” – between mark “A” (outer StFYC Buoy) and a yellow placard on the St. Francis Yacht Club Race Deck.

14. TIME LIMIT

14.1 The Race shall be abandoned by the Race Committee if the first boat does not finish within 150 minutes.

14.2 Boats finishing more than 30 minutes after the first boat finishes will be scored “Did Not Finish”. This changes RRS 35 and Appendix A.

15. ALTERNATIVE PENALTIES

RRS 44.2 “Two Turns Penalty” is modified as follows; "The penalty for a Part 2 rule broken inside two boat lengths of a mark shall be a Two Turns penalty as prescribed by this rule without modification. The penalty for a Part 2 rule broken outside two boat lengths of a mark shall be a One Turn penalty. For the purpose of this rule, a finish line mark is considered a mark, however, a starting line mark is not.

16. PROTESTS

16.1 Protests and requests for redress shall be written on Standard US SAILING Protest Forms. Protest Forms are available at the Front Desk of the St. Francis Yacht Club. Protests and requests for redress shall be lodged with the Race Committee Representative at the Front Desk within 60 minutes after the arrival of the Race Committee Signal Boat ashore. This time limit will be posted on the Official Regatta Notice Board.

16.2 The time and place of all protest hearings, the boats protesting, boats being protested and boats requesting redress will be posted on the Official Regatta Notice Board within 90 minutes after the arrival of the Race Committee Signal Boat ashore. This shall serve as notification as per RRS 63.2.

16.3 A request to reopen a hearing on the last day of racing must be delivered to the front desk of the St. Francis Yacht Club within 60 minutes of the parties to the protest receiving the Jury’s decision (oral or written). This changes RRS 66.

17. EQUIPMENT

17.1 All equipment allowed by the J/105 Class Association may be used. When Code Flag 'D' is displayed by the Race Committee before the Warning Signal, spinnakers may not be used on any leg of the course.

17.2 Preparation of J-105's must be followed.

1. Standing rigging may not be adjusted during the regatta
2. Only the running rigging, backstay, jib leads, and vang may be adjusted while racing
3. No bottom cleaning allowed during the regatta
4. Electronic Instruments shall not be used

17.3 The bowsprit shall not extend until the bow breaks the imaginary line drawn from the leeward mark or the Starting Line through the windward mark, on the windward side of the buoy.

17.4 The bowsprit shall be retracted at the first reasonable opportunity after rounding the leeward mark.

18. SCORING

18.1 Two race(s) must be completed to constitute a series.

18.2 Each boat's score will be the sum of her scores for all races. This changes RRS Appendix A-A2.

19. PRIZES

The winning skipper will have his name engraved on the perpetual trophy, which shall remain on display at the St Francis Yacht Club. Keeper trophies will be awarded to first through third place.

20. RESTRICTED AREAS

20.1 Boats shall not pass through the areas bound by the following objects and the closest point ashore:

(A) The "H" Beam (located approximately 200 yards west of the St. Francis Yacht Club).

(B) Anita Rock and its buoy.

(C) The Bell Buoy off the west end of Alcatraz Island.

(D) The buoy south of Point Blunt on Angle Island.

(E) All breakwaters in the vicinity of Fisherman's Wharf and Aquatic Park.

(F) Round orange buoys set off of Piers 39 and 45 (if set).

(G) Round orange buoy set north of the St. Francis Yacht Club Harbor entrance (if set).

20.2 The above-mentioned areas are defined as obstructions.

20.3 A boat that breaks this rule may not correct her error and shall retire. This changes RRS 28.1.

21. INTERFERENCE WITH SHIP TRAFFIC

Boats shall not impede the passage of ship traffic while racing. Rule 9 of the Inland Rules of the Road applies with respect to all shipping traffic on San Francisco Bay and its tributaries. A violation of Rule 9 is subject to protest by any competitor and the race committee. Compliance with the RRS 60-63 will not be required with respect to a protest involving a Rule 9 infraction. A violation of Rule 9 may not be exonerated by an alternate penalty.

Any complaint received by the race committee from the United States Coast Guard or the captain or bar pilot of any ship that has sounded five blasts on its horn during the course of a race shall result in an automatic protest by the race committee if the captain, bar pilot or Coast Guard identifies an offending boat by sail number. In any case where a ship has sounded five blasts on its horn, a presumption shall be created at the protest hearing that the protested yacht(s) has (have) violated Rule 9 and the protested yacht(s) shall have the burden of proving that it did not impede the progress of the ship.

Race committee chase boats may patrol the race course from time to time and may hail boats to alter course to avoid impeding ship traffic. Failure of any boat to comply with the hail of the race committee shall result in an automatic protest by the race committee.

A protest of a Rule 9 infraction by a competitor may be made at any time prior to the conclusion of the regatta, but not more than 24 hours after the incident. A protest by the race committee for an infraction of Rule 9 may be made at any time up to two days after the conclusion of the regatta. The St. Francis Yacht Club will cooperate and provide relevant information to any investigations of violations of Rule 9 by the Coast Guard or other competent governmental authority.



Attachment A – Official Description of Marks and Courses

MARK	DESCRIPTION
1	Yellow inflatable cone buoy set as a Windward mark
1o	Red inflatable cone buoy set as a windward offset mark to be rounded in the same direction as the windward mark.
1A	Yellow inflatable cone buoy with a black band (set as a change of course mark)
2g	Two Yellow inflatable cone buoys set as a Leeward Gate
3	Yellow inflatable cone buoy placed .5 NM at 55 degrees MAG from North Tower of Golden Gate Bridge.
4	Yellow inflatable cone buoy placed 300 yards at 350 degrees MAG. from day marker #2 at Presidio Shoal.
X	Yellow sphere "X" North of the Golden Gate Yacht Club.
6	White/Orange Sphere "M" 200 yards North of Fort Mason Piers.
7	Red "2" Fl R 6 sec., .9 NM Northwest of Treasure Island.
16	Yellow Sphere "TB" .2 NM East of Fort Point (Tom Blackaller Buoy).
17	Green/Red "HR" 1 Qk Fl R at Harding Rock.

COURSE	ROUNDING ORDER
A	Start – 1p – 1o – 2g – 1p – 1o – 2g – Finish "CF"
B	Start – 1s – 1o – 2g – 1s – 1o – 2g – Finish "CF"
C	Start – 1p – 1o – 6p – 1p – 1o – 6p – Finish "CF"
D	Start – 1s – 1o – 6s – 1s – 1o – 6s – Finish "CF"
E	Start – 16p – 1o – 6p – 16p – 1o – 6p – Finish "CF"
F	Start – 16s – 1o – 6s – 16s – 1o – 6s – Finish "CF"
G	Start – 16s – 17p – 3p – Xp – 7p – 4p – Finish "RD"
H	Start – 1p – 1o – 2g – 1p – 1o – 2g – 1p – 1o – Finish "RD" (Downwind)
I	Start – 1s – 1o – 2g – 1s – 1o – 2g – 1s – 1o – Finish "RD" (Downwind)